

Welcome!

Welcome to CareTalk Health's Remote Patient Monitoring Program!

We're happy to have you join us as we work together to help you stay healthy and feel your best.

At CareTalk Health, we are dedicated to making healthcare simple and easy to use for everyone. Our remote care program lets us monitor your health from the comfort of your home and provide virtual coaching and support. We're here to help you feel confident and in control of your health!

HERE'S WHAT YOU CAN EXPECT FROM US:

- Regular health check-ins to guide and support you.
- Personalized advice if we notice something unusual in your readings.
- Ongoing support between your regular doctor visits.
- Enjoy better health and fewer risks.

WHAT WE EXPECT FROM YOU:

- Take your measurements every day (or as directed by your care team).
- Engage with our team monthly to remain in the program.

IMPORTANT INFORMATION TO GET STARTED BELOW:

1. Review the Quick Start Guides in your device packaging.
2. Take a reading soon after setup.

IF YOU NEED ASSISTANCE OR HAVE QUESTIONS:

Contact CareTalk Health at **1-855-313-8255** Monday through Friday, from 9 AM to 6 PM ET.

For additional resources scan the QR code
or visit: www.caretalk.health.

